

Desk Jotter for Patient Goals

Name: _____

Age: _____

Patient number: _____

Date: _____

I want to be well enough to _____

Notes: _____

Notes: _____



Notes: _____

Notes: _____

This page has been designed to record the impact the patient's condition is having on his/her life. Each patient is unique and the disease affects every patient differently.

It is important to discuss the disease impact on a patient's life to set realistic treatment goals that are personal to them.

Remember to ask the patient:

- What part of your life is your disease affecting most?
- What lifestyle aspects do you hope to improve?
- What are the specific goals that we can work towards?

Add any relevant notes and place the page in the patient records for future reference.