

# Desk Jotter for Patient Goals

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Patient number: \_\_\_\_\_

Date: \_\_\_\_\_

I want to be well enough to \_\_\_\_\_  
\_\_\_\_\_

Notes: \_\_\_\_\_

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Notes: \_\_\_\_\_

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This page has been designed to record the impact the patient's condition is having on his/her life. Each patient is unique and the disease affects every patient differently.

It is important to discuss the disease impact on a patient's life to set realistic treatment goals that are personal to them.

Remember to ask the patient:

- What part of your life is your disease affecting most?
- What lifestyle aspects do you hope to improve?
- What are the specific goals that we can work towards?

Add any relevant notes and place the page in the patient records for future reference.