

Enthesitis and Dactylitis Scoring Sheet

For use in multi-disciplinary psoriatic arthritis clinics (Rheumatology/Dermatology)

Patient ID

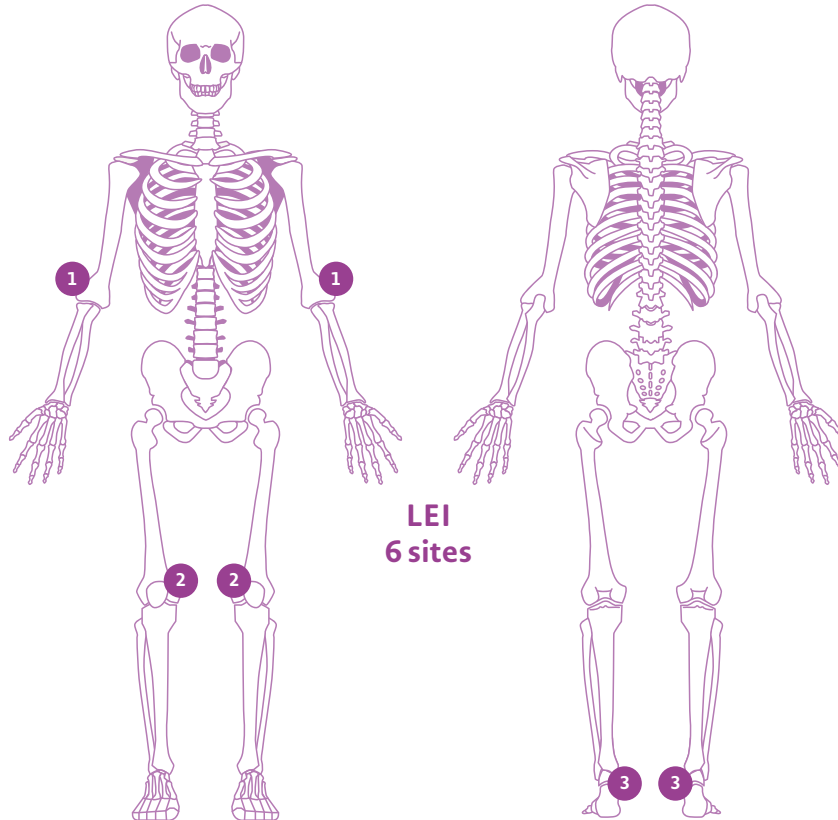
Date

Clinician Name

Signature

Stamp

Time



The Leeds Enthesitis Index (LEI)

The LEI consists of 6 sites: Achilles tendon insertions, medial femoral condyles, and lateral epicondyles of the humerus (left and right of each). Tenderness at each site is quantified as either non-tender (score of 0) or tender (score of 1) giving a total score out of 6.¹ A higher count represents greater enthesitis burden.²

The Tender Dactylitis Count

The tender dactylitis count is a simple count based on the presence or absence of tender joints.³ 20 digits are assessed looking for signs of tender dactylitis. The hands and feet should be visually assessed side by side.

LEI	Right (0-1)	Left (0-1)
Lateral epicondyle humerus		
Medial condyle femur		
Achilles tendon insertion		
Total (0-6):		

Dactylitis Count	Total per hand or foot
Right hand	
Left hand	
Right foot	
Left foot	
Total for hands and feet (0-20):	

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1. Healy PJ and Helliwell PS. *Arthritis Rheum.* 2008;59(5):686-91 2. Mease PJ. *Arthritis Care Res.* 2011;63(11):S64-S85
3. Salaffi F, et al. *Biomed Res Int.* 2014;2014:528105.

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